



# HOPE

FOR HARROGATE

An opportunity to pray



# Exploring Hope

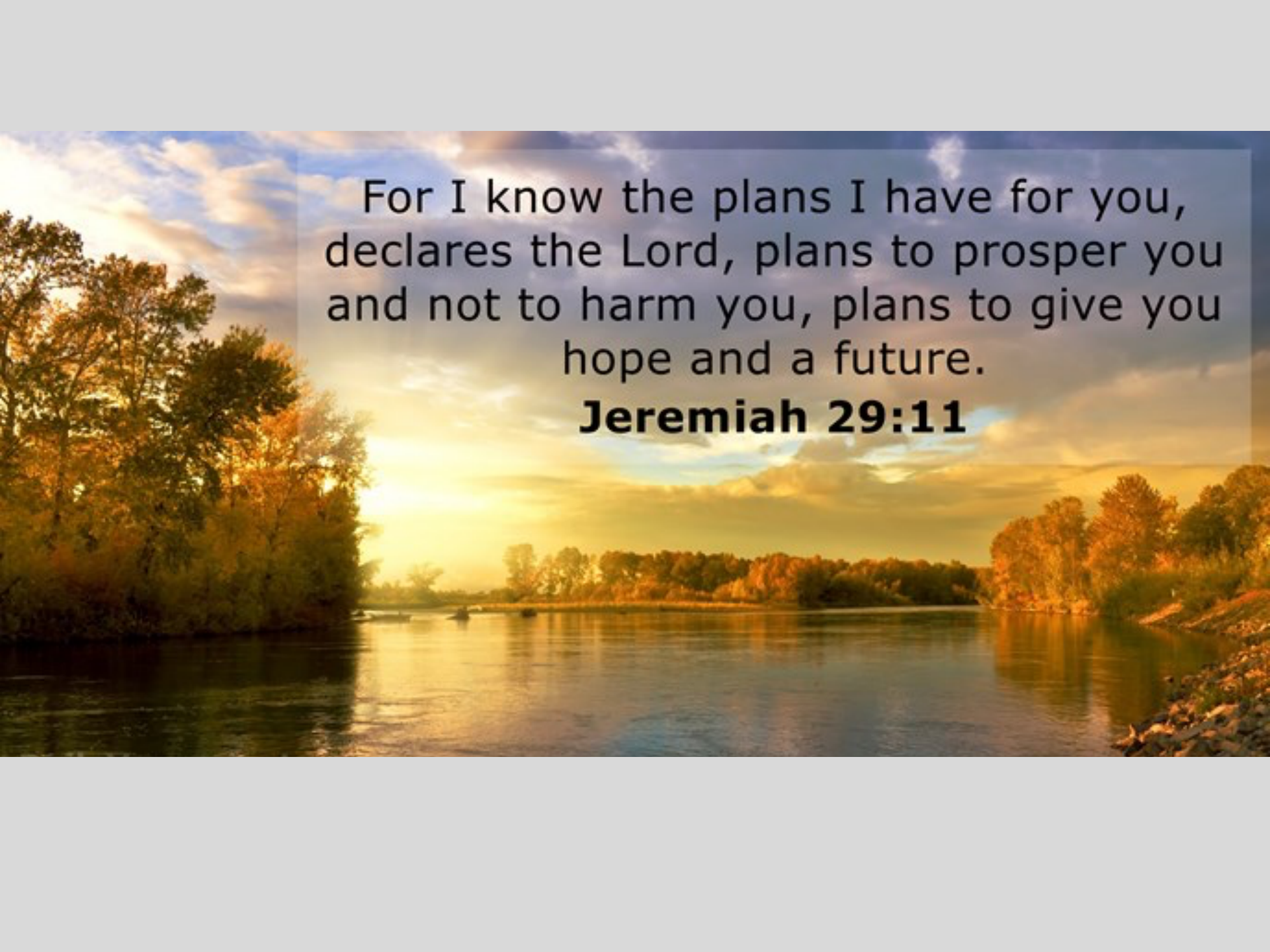
*God is our refuge and strength,  
an every present help in trouble*

Psalm 46:1

I pray that the eyes of your heart  
may be enlightened in order that you may know  
the hope to which he has called you,  
the riches of his glorious inheritance  
in his holy people.

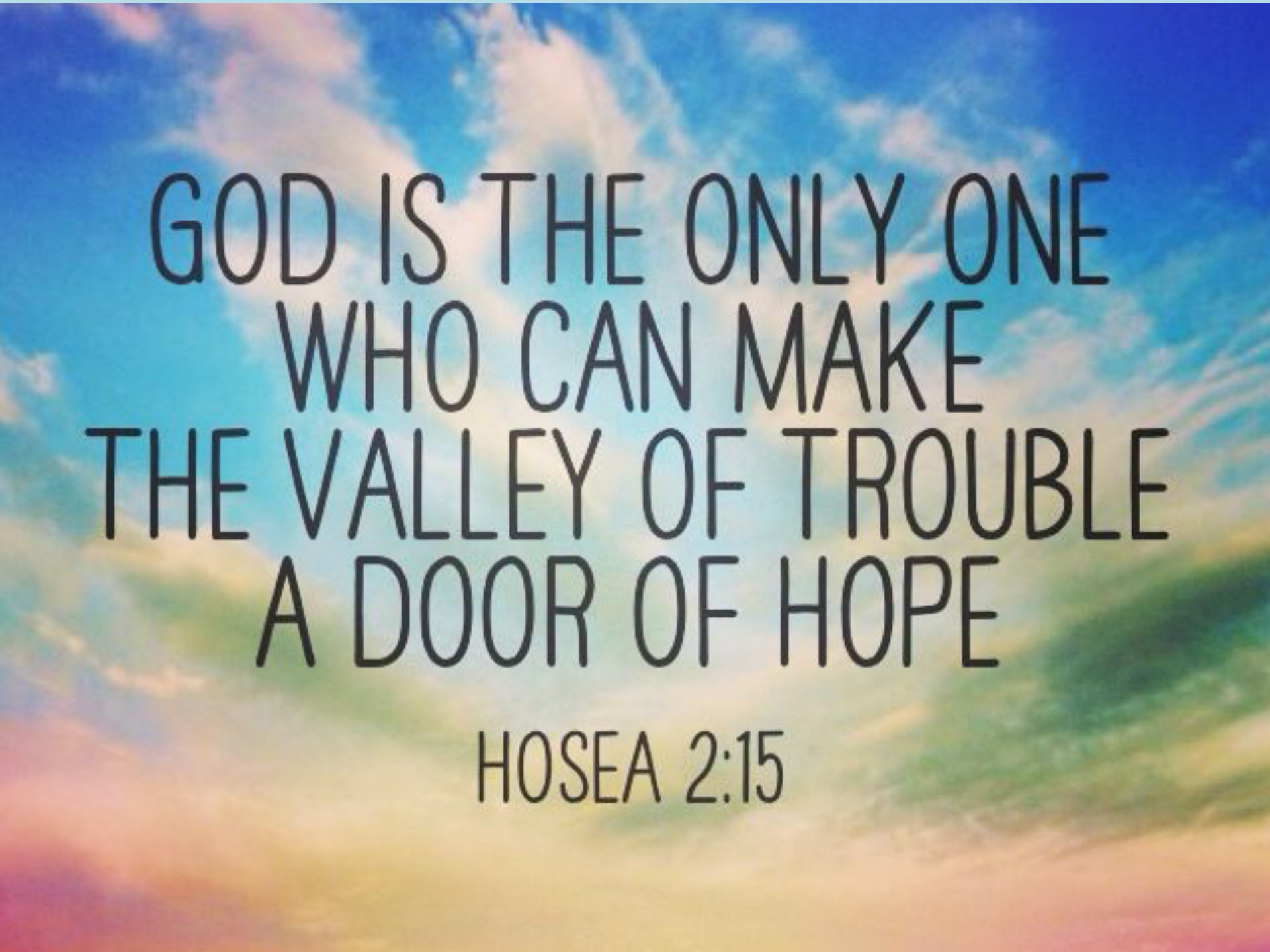
**Ephesians 1:18**



A scenic landscape of a river at sunset. The sun is low on the horizon, casting a warm, golden glow across the sky and reflecting on the water. The sky is filled with soft, white and yellow clouds. The river is calm, with the reflection of the sun and sky clearly visible. On the left bank, there are dense trees with autumn foliage in shades of yellow, orange, and green. On the right bank, there are more trees and a rocky shoreline. The overall atmosphere is peaceful and serene.

For I know the plans I have for you,  
declares the Lord, plans to prosper you  
and not to harm you, plans to give you  
hope and a future.

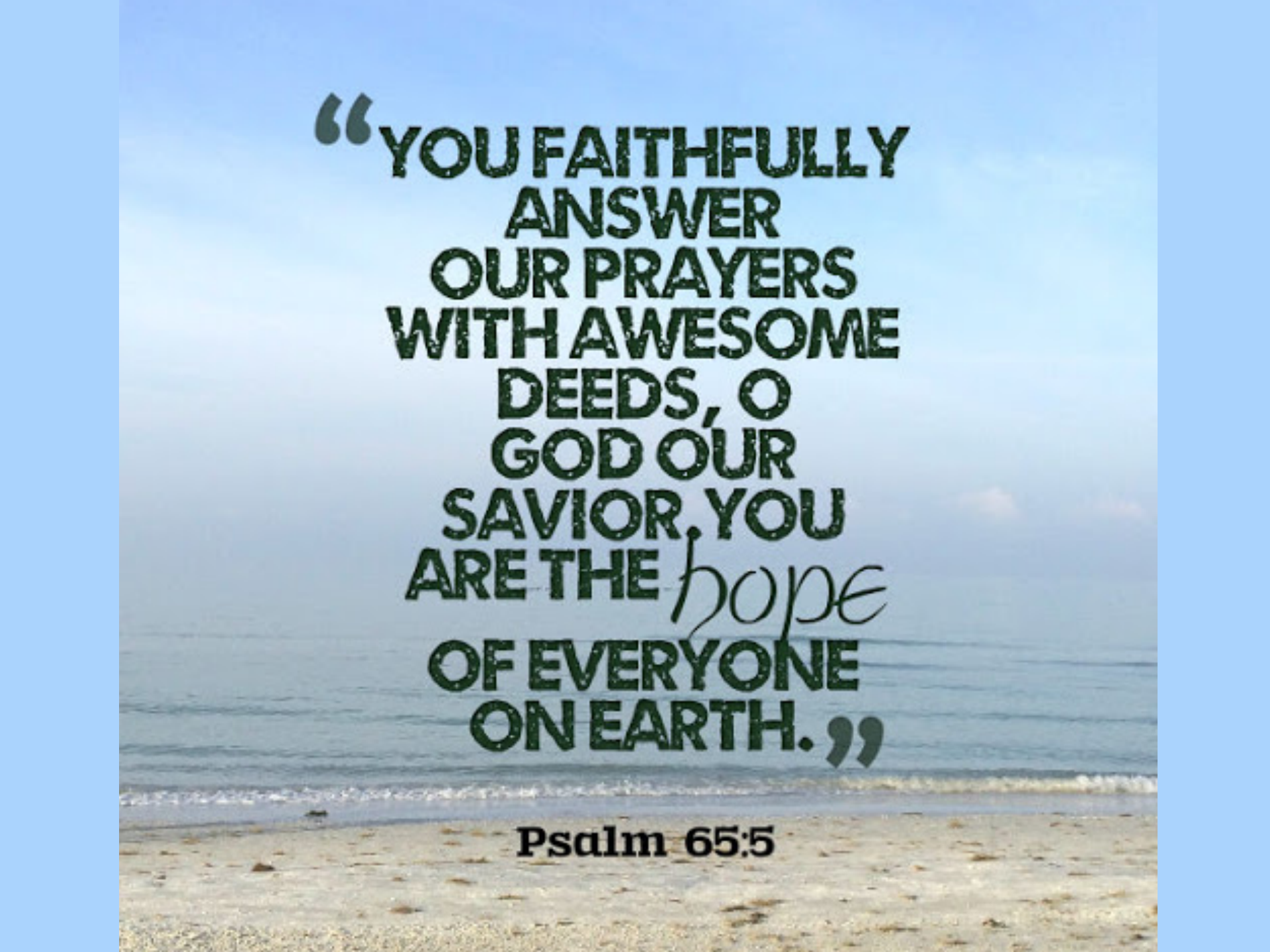
**Jeremiah 29:11**

The background of the image is a bright, colorful sky. It features a mix of blue, green, yellow, and orange hues, suggesting a sunrise or sunset. There are soft, white clouds scattered throughout the sky. A faint rainbow is visible in the lower right portion of the image, adding to the overall sense of hope and optimism.

GOD IS THE ONLY ONE  
WHO CAN MAKE  
THE VALLEY OF TROUBLE  
A DOOR OF HOPE

HOSEA 2:15





**“YOU FAITHFULLY  
ANSWER  
OUR PRAYERS  
WITH AWESOME  
DEEDS, O  
GOD OUR  
SAVIOR, YOU  
ARE THE *hope*  
OF EVERYONE  
ON EARTH.”**

**Psalm 65:5**

Be *joyful*  
in hope,  
*patient*  
in affliction,  
*faithful*  
in prayer.

Romans 12:12





## Reflection on a Psalm

- Read Psalm 46
- Read it slowly, pausing after each phrase / verse.
- Allow God to draw close.
- If it helps here are some questions to lead you deeper into prayer...



## Psalm 46

1. How do you sense God's present help and strength in trouble?
2. What are you afraid of right now? – offer those fears to God.
3. Where are there signs of hope in your life, in our town, our nation, our world?
4. Verses 8 and 9 speak of God's power.  
Pray for the power of the Holy Spirit to move among us bringing glory to God